

Coaching Certificate Advisory Committee Meeting Notes and Minutes

Meeting called to order - November 14th 2019, 11:00 a.m. in the Fitness Complex Classroom at Orange Coast College

Meeting adjourned - 12:15

Participants:

16 Advisory committee attendees

1. Nikki Fidel High School *Head Coach*
2. Glenn Strachan Club *Head Coach*
3. Jesselyn Boysey College *Head Coach*
4. Lauren Gama Club *Head Coach*
5. Kevin Smith College *Head Coach*
6. Ashley Rippeon College *Head Coach*
7. Vinni Mesa Club *Head Coach*
8. Brad Rostratter Club *Head Coach*
9. Vincent Rodriguez Club *Head Coach*
10. Jason Kehler College *Administrator*
11. Christopher Ned Club *Assistant Coach*
12. Brian Diniz Club *Assistant Coach*
13. Skylar Jarvis College *Assistant Coach*
14. Laura Behr College *Head Coach*
15. Sean Nollan Club *Head Coach*
16. Fidel Vargas Club *Head Coach*

Discussion topics with notes from meeting depicted in red.

- **Program outcomes**

- Students will be able to demonstrate;

1. how to safely train and prepare athletes and teams for practices and competitions.
2. the skills and techniques associated with the sport in their area of specialization;
 - teach the skills and techniques to a variety of skill levels associated with the sport in their area of specialization;
3. familiarity with techniques for motivating athletes and team performance.
4. Will be able to recognize different learning styles of the athletes

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- **Overview of Proposed Certificate – Core Classes**

- KIN A203 - *First Aid CPR* (2 unit)
 - maybe remove and keep components in KIN 273
- KIN A204 - *Techniques and Theory of Coaching Athletes* (3.0 unit)
 - Should consider making this be a 4 unit class
- KIN A273 - *Sports Medicine* (3.0 unit) You may not need to be able to use these skills - move to elective list
 - Consider first aid cpr to be included in this class to provide flexibility.

- Students can buy the cards
 - KIN A288 - *Mental Performance and Exercise Psychology* (3.0 unit)
 - KIN A205 - *Coaching Practicum* (2.0-4.0 unit?)
 - should have multiple location rotations.
 - Take this in the first semester and level 2 practicum 2nd semester.
 - Level 2 could be an elective
 - Add strength and conditioning or ex-physiology
 - Include minimum number of core classes to appeal to larger group
 - level 1 and level 2 could help
- **Overview of Certificate – Elective Classes**
 - KIN A270 - *Fitness and Health* (3.0 unit)
 - KIN A279 - *Sports Management* (3.0 unit)
 - KIN A282 - *Introduction to Exercise Physiology* (3.0 unit)
 - KIN A283 - *Nutrition, Fitness and Performance* (3.0 unit)
 - Add strength and conditioning theory
 - Add multiple activity courses
 - Note: If a student wants to be placed with BK then you must take BK in an activity)
 - Should this be a required class?
 - Instruction on using technology (build techniques and theory coaching)
- **Overview of Certificate – Program Map**
 - Fall 1st Semester
 - KIN A204 *Techniques and Theory of Coaching Athletes* (3.0 unit)
 - KIN A273 *Sports Medicine* (3.0 unit)
 - KIN A288 *Mental Performance and Exercise Psychology* (3.0 unit)
 - ****Total of 9 units****
 - Practicum should be able to be taken in any semester
 - practicum could be a co-req (first aid/sports med or with KIN 204),
 - 2-4 units allows for flexibility on or off campus rotations
 - off-season units would be less hours and allows more flexibility
 - Spring 2nd Semester
 - KIN A203 *First Aid CPR* (2 unit)
 - KIN A205 *Coaching Practicum* (2-4 units)
 - Elective (3.0 unit)
 - ****Total of 7-9 units****
- **Total Units for Certificate = 16-18.**
- **Committee Recommendation:**
 - Committee unanimously endorsed and recommended that OCC establish a Coaching Certificate program according to the above structures and courses to meet local need in the community for coaches, and to support student success in Kinesiology and related education and business careers related to the athletics and sports.

Local labor market survey of employers and program advisory committee members:

1. Would a graduate/completer of this program be more likely to be employed as a coach than a candidate without it, and/or would completers who are currently employed be more likely to advance a higher position and/or get paid more?
 - 100% their more prepared,
 - employers will be able to validate the resume, more attractive candidate because of the formal education vs. anecdotal, great way to get into coaching (not the only way),
 - may be better for youth, shows candidate motivation,
 - we may be able to market the program to local programs to send their students back to us
2. What is the salary range?
 - club = \$600/month-\$1200
 - jr./community college outside of CA. range \$5000/year
 - high school stipend = \$2000-4000
 - college = stipend
3. What is the job outlook for the jobs our graduates would be seeking in the next 3 years? More jobs? Fewer? What are those titles?
 - next 3 years outlook is strong across all settings
4. Is this certificate going to be helpful and/or is it needed;
5. Are jobs full or part-time?
 - fulltime positions are in demand